

Pool Practices

At A Glance

Three pools offer distinct settings for enjoyment of all ages. The Family Activity Pool is designed to be a family environment that supports children's play, and children under the age of 16 years must always be accompanied by an adult. The Fitness Pool is designed for lounging for individuals 16 and older and for active lap swimming. Proficient youths may be certified by the Fitness Manager to swim laps at the Fitness Pool, strictly under the supervision of an adult. The Cabana Pool is available to adults ages 21 and older.

Lap swimming is available 6:00 a.m. - 8:00 p.m. daily in the Fitness Pool. Five lanes will be available from 6:00 a.m. - 10:00 a.m. and two lanes will be available from 10:00 a.m. - 8:00 p.m.

Poolside lounging is available and complimentary to members at the Family, Fitness, and Cabana Pools between the hours of 10:00 a.m. and 6:00 p.m.

From Memorial Day Weekend until the close of the summer pool season, poolside service will be offered with food and beverage available from 11:00 a.m. - 5:00 p.m. Reservations for pool lounge chairs are required on weekends and recommended on weekdays. Walk-in reservations may be accommodated as availability allows.

Reservations at the pools may be made by utilizing RESY, by calling (707) 967-1718, or by emailing poolreservations@meadowood.com 24 hours in advance.

- To best accommodate all members wishing to enjoy time by the pools, the two reservation windows for pool lounging are 10:00 a.m. – 2:00 p.m. and 2:00 p.m. – 6:00 p.m. daily. You may reserve specific arrival times within those windows; however, please note that departure times for each window will remain at 2:00 p.m. or 6:00 p.m.
- To extend stays beyond the original window, please check in with your server upon arrival. If availability allows, we will be pleased to extend your reservation.
- Reservations will be held for 30 minutes following the scheduled arrival time. In consideration of others, if guests are more than 30 minutes late with no notice, the reservation will be considered a 'no-show' and seats will be open for new reservations. A no-show fee of \$25 per person will be applied to the individual member account.
- We ask that notice of cancellations be provided at least 24 hours in advance of the reservation through RESY, by emailing poolreservations@meadowood.com, or by calling (707) 967-1718 during operating hours.

During summer months, al fresco dining may also be enjoyed at the Terrace Café from 11:00 a.m. - 5:00 p.m. with weather permitting. Walk-in reservations will be accommodated as availability allows. Reservations may be made by utilizing RESY, emailing poolreservations@meadowood.com, or by calling (707) 967-1718.